

**September 17-19th**

# **MDB**brunch

**A weekend of exceptional workshops  
for both vocal leaders and choir members.**

#Intensive21

#EmpoweringVocalLeaders

## **FRIDAY 17th**

### **Greg Beardsell**

**10am-1pm - Pitch and Putt - Innovative Musicianship Training for  
singers of all ages**

You don't need to be a golfer to appreciate that you need different clubs for different situations around the course. Reading music is a bit like that - requiring singers to draw on a variety of skills to get you to the last bar. Join Greg Beardsell who'll be introducing you to two techniques honed at the National Youth Choirs of Great Britain - tonal centring and interval training. Both are guaranteed to get you some serious yardage in your music reading. Plus, it's really fun, even if you hate golf...

### **Emily Barden & Ben Sawyer**

**2.30-5.30 - Creative Play or Follow The Dots**

Taking a piece of music and exploring it in two completely different approaches - how to detail the score and lift the sound to the next level OR how to use the motifs and ideas to create your own rendition of the piece. Emily the consummate songwriter and Ben the choral genius will take you on two simultaneous adventures sharing the outcomes together at the end of the session!

### **Aga Serugo Lugo**

**7-9pm - Calm, Stress, Calm**

**Choir Members/Singers**

Sit back, unwind as we explore an extended warmup exercise to relax our bodies and open up voices while clearing our thoughts. Then, prepare to be plunged into a total state of creative exploration as you'll be required to create your own 'Complaints Choir'. Be ready to fume about all things trivial and consequential, big or small, and then turn that anger into something musical, cathartic and liberating. Then you can kick back again as we explore 2 more pieces, one in Anglo-Saxon and the other written for world mental health day, designed to settle the mind and feed the soul.

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**SATURDAY 18th****Mandy Miller**

UK Director of the Choral Music Education Institute and former Training Director and Scottish Chair of ABCD, Mandy is second to none at coaching leadership skills. Passionate and driven, and like a sculptor, she sees both each individual and where they are now but also where they could be and with laser focus she demands of you to get there, now. Be prepared for a day of exceptional skills enhancement; highly recommended to sign up for both day sessions together.

**10.30am-1pm - From Score to Podium**

Improve the efficiency of your preparation time.

Maximise your rehearsal time.

Develop your conducting gesture tool kit using new repertoire - part 1

**2.30-5.30pm - Make Your Choir Sound Even More Amazing**

Demonstration of techniques to get the very best from the voices that you are working with

Troubleshooting : identify and solve issues in the moment

Develop your conducting gesture tool kit - part 2

Even more new repertoire

**Simone Niles****7-9pm - Connect Your Sound****Choir Members/Singers**

A Capella singing filled with harmonies, dynamic and expression to uplift and inspire. Bringing basic elements of sound healing into the workshop Simone will also share tips on how to use intention and sound to reduce stress and anxiety and how to incorporate these in your repertoire.

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## **SUNDAY 19th**

**Jim Hjernøe****10am-1pm - The Intelligent Choir**

Jim Daus Hjernøe invented "The Intelligent Choir" teaching philosophy to bring mind and body together in practice and theory working with jazz/pop vocal music. The workshop includes a presentation of four main categories and experimentation: Rhythm & groove, pitch & intonation, blend & sound, interpretation & expression. Also, the workshop includes vocal painting and improvisational works. The vocal painting (VOPA) system offers advanced tools for live-arranging, live-composing, and contrasting elements such as shifting keys, time signature, etc.

At the workshop, practical exercises will illustrate the effect and power of the methodology. The methodology introduces new tools to work with traditional musical parameters and potentially will be a true eye-opener to even experienced choir leaders.

**Pete Churchill****2.30-5.30 - Inspiring the Inspiring**

Pete, the Master and Guardian of 'Groove' and 'Cool', will be exploring ways with vocal leaders to help your choir unlock their groove and shortcut them to sounding cool. From his decades of choir leading and training the future of music education in the UK and worldwide, Pete always distills genius into practical and achievable musical ideas that you can take home to any group.

**Pete Churchill****7-9pm - The Big Finisher****Choir Members/Singers**

Watch Pete live and in person teach songs - giving choirs total security and ownership at blistering speed; fully confident, layered parts, dynamics and ownership of the words; all as if the group had been rehearsing for weeks. We'll go play in amongst Pete's library of arrangements of super 'cool' songs. Joy GUARANTEED.

**BOOKINGS:** [www.mdbbrunch.uk/intensive21](http://www.mdbbrunch.uk/intensive21)