

# Naveen Arles BCA

Naveen Arles BCA FRSA\*, has established himself as an energetic, inspirational vocal leader and animateur. Fellow of the Royal Society of Arts (FRSA) and founder of MDBrunch, his 38 years in music incorporates 28 years of creating singing groups of all ages and skills.

Nav's ability to motivate people to try music and train any group of people means he equally delivers workshops in senior management training courses, with wellbeing support groups and in prisons. His choirs have toured with Hugh Jackman, Take That, Lulu; performed with George Ezra, Alexandra Burke, on all TV channels, for HRH Prince Charles and welcomed the guests for Michelle Obama's exclusive UK book launch.

Nav's experience and social justice work has led him to both be invited onto the council of the Association of British Choral Directors (ABCD) and to join a 10 person consultancy panel to advise Hal Leonard Europe on their Equality, Diversity and Inclusion policies.

Recently Nav was selected to receive the British Citizen's Award (BCA) at the Palace of Westminster and has been privileged to work in partnership with the BBC Singers and education teams to develop outreach work in East London on an ongoing basis.

2022 sees Nav directing the Chamber Choir of Trinity College, leading singing events at the Royal Opera House (London) and leading schools outreach work for the world famous Tenebrae choir.