



NAVEEN ARLES

Naveen Arles BCA FRSA, has established himself as an energetic, inspirational vocal leader and animateur. Fellow of the Royal Society of Arts (FRSA) and founder of MDBrunch, his 40 years in music incorporates 30 years of creating singing groups of all ages and skills.

"Nav is truly inspirational. In twenty years I've never seen anyone have a sceptical group of hardbitten PR people in the palm of their hands with such apparent ease. He is an astoundingly interesting individual and we couldn't have picked a better first guest of Finnspired to hear from."

- Stuart Mayell, Creative Director, Ruder Finn

OVERVIEW - Nav's ability to motivate people to try music and train any group of people means he successfully delivers workshops in various contexts including executive management training courses, wellbeing support groups and in prisons. His choirs have toured with Hugh Jackman, Take That, Lulu; performed with Michael Bublé, George Ezra, Alexandra Burke, on TV, for HRH King Charles III and welcomed the guests for Michelle Obama's exclusive UK book launch.

NATIONAL ADVISORY/CONSULTANCY - Nav's experience and social justice work has led him to both be invited onto the council of the Association of British Choral Directors (ABCD) and to join a 10 person consultancy panel to advise Hal Leonard Europe on their Equality, Diversity and Inclusion policies.

SCHOOL OUTREACH/TEACHER TRAINING - Nav's youth choir has been partnered with the BBC Singers creating mentoring and training pathways for disenfranchised youth in East London and since 2021 has been privileged to work extensively with world famous 'Tenebrae' leading their schools outreach work. Additional projects with London Youth Choir and Spitalfields Music mean that Nav is busily developing outreach work across London on an ongoing basis. Nav is proud and most excited that through MDBrunch and these various projects he is able to deliver teacher training to help skill up music education both here in the UK across London, Suffolk, Norfolk and Essex but now also across Asia.

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